

## **Press Release**

**The Greater Columbus Swim Team of Ohio (GCSTO) will have several opportunities for community members to get involved in a variety of swimming programs at the Ontario High School this spring.**

**Swimming Lessons:** GCSTO's Greater Columbus Swim School offers private, semi-private and group lessons (3-5 students max) for parent/tot, pre-school, school-age, & adult participants. The program was awarded 1<sup>st</sup> place in Nickelodeon's 2009 Parent's Pick Awards in central Ohio and subsequently began operations this February in the Mansfield area. It has also been chosen by the USA Swimming Foundation as a local partner in the Foundation's national "Make a Splash" program. ***For more information on the getting enrolled in the next session which starts April 16, please contact Sarah Galat at [schmidt.551@buckeyemail.osu.edu](mailto:schmidt.551@buckeyemail.osu.edu) or 419-571-2358.***

**Recreation Swimming Team Program:** GCSTO and the Ontario Recreation Department have worked together to bring the community a Recreation Swim Team program this spring starting April 12. This program will be very similar to the program the department has offered in past springs but will have a mix of the swim team's athlete development structure. Participants will be offered 4 practices a week and must be able to swim 25yds of freestyle and of backstroke non-stop. ***More information can be obtained by contacting Steve Shoenfelt at 614-214-6076 or [steveshoenfelt@yahoo.com](mailto:steveshoenfelt@yahoo.com).***

**Greater Columbus Swim Team of Ohio Age Group Swim Team:** An Initial Information Meeting & Tryout Night for new swimmers to the team interested in spring swimming will be held Monday, April 12, 2010 from 5:30-6:15 p.m. for try outs and 6:15-6:30 p.m. for the meeting in the pool at Ontario High School. These new athletes will be given a 1 week trial period to try out the team to make sure the quality of the program is that which they want. Practices then begin April 13 for the team. ***More information can be obtained by contacting Steve Shoenfelt at 614-214-6076 or [steveshoenfelt@yahoo.com](mailto:steveshoenfelt@yahoo.com).***

**You may also contact GCSTO owner, Steve Nye at 614-478-5445 or [stevenye@sbcglobal.net](mailto:stevenye@sbcglobal.net) for more information on any one of these programs. Complete team information can be obtained by visiting the team on the web at [www.gcsto.com](http://www.gcsto.com).**